



The V Zone: A Womans Guide to Intimate Health Care

By Colette Bouchez

Touchstone Books. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 8.4in. x 5.5in. x 0.5in. Everything Youve Ever Wanted to Know About Intimate Health Care The V Zone answers those difficult and embarrassing questions women often are unable to ask their own doctor. Colette Bouchez, an award winning medical journalist, explains important health information in easy-to-understand language, and offers women a clear, concise plan for dealing with the most common gynecological complaints. In addition to describing currently available medical treatments, The V Zone reports on natural and alternative solutions, and helps navigate the wide array of over-the-counter products, including menstrual aids, home test kits, and feminine hygiene products. Know instantly whats safe to use, whats not, when its okay to self-treat, and when its time to seek professional care. Also included is the latest information on: vaginitis painful sex urinary tract infections yeast infections STDs and much more! With advice from over two dozen medical experts, The V Zone is the definitive guide women can turn to and rely on, today and for years to come. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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